

# ALL DAY BREAKFAST

## TOAST

With your choice of spreads  
White / grain / turkish bread ..... 5.5  
Organic sourdough / gluten free ..... 7

FRESH DAILY MUFFINS ..... 5

FRUIT TOAST ..... 9  
Macadamia & fruit sourdough toast with  
honey, ricotta & fresh blueberries

BANANA BREAD ..... 10  
With vanilla mascarpone, toasted coconut  
& raspberry compote  
(plain just with butter \$7)

FLUFFY RICOTTA PANCAKES (V) ..... 19  
With caramelised banana, berries,  
macadamia nut crumble, dulce de leche,  
raspberry whipped mascarpone &  
maple syrup

CRISPY FRENCH TOAST ..... 19  
Cornflake crumbed brioche french toast  
with vanilla poached pear, raspberries,  
mascarpone & maple syrup

ACAI SMOOTHIE BOWL (GF, V) ..... 17  
A frozen smoothie of açai berries, banana,  
pineapple & mango, topped with coconut  
granola, chia seeds & fresh fruit

MARKET BOWL (GF, V, VG\*) ..... 18  
A healthy bowl of quinoa tabouli, beetroot  
hummus, poached egg, avocado,  
fried haloumi, baby spinach, miso roasted  
sweet potato & almond flakes  
*add smoked salmon +\$5*  
*add corn fritter +\$4*

EGGS BENEDICT (GF\*) ..... 18.5  
Poached eggs & homemade  
hollandaise on toasted sourdough

Choose ~

- Smoked salmon
- Crispy bacon
- Locally smoked ham
- Sautéed spinach & mushroom

EGGS YOUR WAY (GF\*) ..... 11  
Poached, fried or scrambled eggs  
on your choice of toast

## SIDES

Crispy bacon ..... 5  
Local Bello smoked ham ..... 5  
Sausage ..... 5  
Smoked salmon ..... 5  
Grilled haloumi ..... 5  
Sautéed mushrooms ..... 4  
Avocado ..... 4  
Homemade hash brown ..... 4  
Sautéed spinach ..... 4

CRUSHED AVO (GF\*) ..... 15  
Avocado, cherry tomatoes, persian feta &  
lemon on toasted sourdough  
*add poached egg +\$2*  
*add bacon or haloumi +\$5*

DELUXE BACON & EGG ROLL (GF\*) ..... 14  
Crispy bacon, fried egg, cheese,  
hash brown, baby spinach & BBQ sauce

BIG BREAKFAST (GF\*) ..... 21  
Two eggs (poached, fried or scrambled),  
crispy bacon, lamb & feta sausage,  
grilled tomato, mushrooms, hash brown,  
tomato relish & sourdough

VEGO BIG BREAKFAST (GF\*, V, VG\*) ..... 21  
Two eggs (poached, fried or scrambled),  
grilled haloumi, avocado, mushrooms,  
hash brown, grilled tomato, spinach,  
tomato relish & sourdough

TREEO'S CORN FRITTERS (GF, V\*) ..... 18.5  
Our signature corn fritters with  
crispy bacon, avocado, sour cream,  
sweet chilli relish & rocket  
*add poached egg +\$2*

BREAKFAST BRUSCHETTA (GF\*, V\*) ... 18.5  
Fresh tomato, basil & avocado salsa,  
crispy bacon, persian feta, poached eggs  
& balsamic glaze on toasted sourdough

## KIDS MENU

babyccino 1.5  
kids milkshake 3.5  
kids hot choc 4.5

NUTELLA ON TOAST 6  
with strawberries

HAM & CHEESE TOASTIE 7

CHEESEBURGER & CHIPS 9.5  
beef patty, lettuce, cheese &  
tomato sauce

CHICKEN BURGER & CHIPS 9.5  
grilled chicken, lettuce & mayo

PANCAKES 9.5  
with strawberries &  
maple syrup

EGG ON TOAST 6  
one egg / one slice  
*add bacon +\$5*

# LUNCH

from 11:30am

BLAT (GF\*) ..... 14  
Crispy bacon, lettuce, avocado, tomato &  
aioli on toasted turkish bread

HAM & CHEESE TOASTIE (GF\*) ..... 14  
Local Bellingham smoked ham, provolone,  
cheddar & tomato relish on sourdough

PERI PERI CHICKEN BURGER (GF\*) ..... 19  
Spicy marinated chicken, creamy slaw,  
lettuce, tomato, mayo & peri peri sauce  
with a side of sweet potato wedges

TREEO WORKS BURGER (GF\*) ..... 19.5  
Grass fed beef patty, crispy bacon,  
cheddar, fried egg, beetroot, grilled  
pineapple, lettuce, tomato, caramelised  
onion jam, tomato relish & aioli  
with a side of crispy fries

OPEN PRAWN SANDWICH (GF\*) ..... 21  
Grilled king prawns, crisp prosciutto,  
avocado, persian feta, lettuce, chilli jam &  
sour cream on toasted sourdough

SALMON POKE BOWL (GF, VG\*) ..... 24  
Grilled teriyaki salmon, edamame,  
miso eggplant, avocado, steamed rice,  
kimchi, pickled ginger & seaweed salad  
*Vegan option - swap grilled salmon for  
miso roasted sweet potato \$21*

BURRITO BOWL (GF) ..... 21  
Mexican spiced chicken with steamed rice,  
avocado, tomato, corn, jalapeño & black  
bean salsa, coriander, manchego cheese,  
spicy green sauce & sour cream

CROQUETTE SALAD (V) ..... 20  
Sweet potato & mozzarella croquettes  
with quinoa tabouli, baby spinach,  
roasted pumpkin, pine nuts, persian feta  
& creamy aioli

Served with aioli

CRISPY FRIES ..... 7  
SWEET POTATO WEDGES (GF) ..... 8

FRESH MUFFINS,  
HOMEMADE CAKES,  
RAW TREATS &  
GLUTEN FREE OPTIONS  
AVAILABLE IN THE  
CABINET AT THE COUNTER

## COFFEE

Our coffee beans are from Will & Co in Bondi. A collaboration between lifelong friends, inspired by an uncompromising vision for quality coffee.

We use our 'Eight-o-Eight' blend for milk coffees, it's a carefully sourced blend of 100% Arabica beans from Guatemalan & Brazilian origin. This combination of high altitude Guatemalan beans grown in volcanic soil with premium quality Brazilian beans from tropical savannah regions result in a medium-bodied, finely balanced blend with a caramel finish. We love it.

For black coffees we use our "Three-o-Three" blend, it's a lighter roast designed to allow the unique flavours of each of the regions to shine. The Brazil beans lay the base of caramel sweetness & buttery smoothness, while Colombian & Zimbabwean beans provide a clean & balanced finish.

WILL&CO COFFEE ..... 4 cup / 4.8 mug  
Espresso ..... 3  
Piccolo ..... 3.5

Extra coffee shot +50c  
Caramel / vanilla syrup +50c  
Bonsoy / lactose free / almond / oat +50c  
Macadamia +\$1

## HOT DRINKS

HOT CHOCOLATE ..... 4.5 cup / 5 mug  
made with real Belgium chocolate

MOCHA ..... 4.5 cup / 5 mug  
(also made with real Belgium chocolate!)

CHAI LATTE ..... 4 cup / 4.8 mug  
(made with organic chai syrup)

TURMERIC LATTE ..... 4 cup / 4.8 mug  
(ask for honey for extra sweetness!)

LOOSE LEAF TEA ..... 4.5 pot  
(EBT, Earl Grey, Green or Chai tea)

CHAI INFUSION ..... 5 pot  
(Steamed milk & tea infused together in the pot with honey on the side)

FRESH MUFFINS,  
HOMEMADE CAKES,  
RAW TREATS &  
GLUTEN FREE OPTIONS  
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## JUICE

HRVST ST COLD PRESSED JUICES ..... 8

CLEANSE  
(Beetroot, cucumber, ginger & apple)

ENDLESS SUMMER  
(Juicy pineapple & lemon)

SUPER GREENS  
(Kale, spinach, pear, celery, lemon,  
cucumber, ginger & spirulina)

ORANGE BOOST  
(Orange, pineapple, lemon & turmeric)

RUBY TUESDAY  
(Watermelon, rhubarb, apple, pear & lime)

ORIGINAL OJ  
(100% zesty Valencia oranges)

ASK ABOUT TODAY'S  
FRESH SQUEEZED JUICE  
Hand picked seasonal blends

## COLD DRINKS

MANGO SMOOTHIE ..... 8  
Mango, toasted coconut, natural yoghurt,  
honey, ice cream & Norco milk

BANANA SMOOTHIE ..... 8  
Local banana, almonds, honey, cinnamon,  
ice cream & Norco milk

OREO THICKSHAKE ..... 8  
Chocolate thick shake, blended with  
Oreo biscuits

CLASSIC MILKSHAKES ..... 7.5 (kids 4)  
Choc, strawberry, caramel or vanilla  
Make it a thickshake ..... +1

ICED COFFEE ..... 8  
Fresh espresso, ice cream, vanilla syrup,  
Norco milk, whipped cream

ICED CHOCOLATE ..... 8  
Chocolate syrup, vanilla ice cream, Norco  
milk, whipped cream

GUT INSTINCT KOMBUCHA ..... 6  
Organic ginger & lime or passionfruit

STILL OR SPARKLING ..... 6  
500ml Santa Vittoria mineral water

SOFT DRINKS ..... 4.9  
Coke, Coke No Sugar, Sprite,  
Bundaberg Ginger Beer

## BEER

Burleigh Mid Tide Ale (can) ..... 7

Stone & Wood Pacific Ale ..... 9

Mountain Goat Organic Steam Ale ..... 9

Corona Extra Lager ..... 7

## WINE

SPARKLING  
200ml piccolo bottle

Dunes & Greene Sparkling,  
Chardonnay Pinot Noir SA ..... 11

Redbank Prosecco,  
King Valley VIC ..... 11

WHITE

Marty's Block  
Sauvignon Blanc ..... 7 Gl / 35 Btl

Marty's Block  
Chardonnay ..... 7 Gl / 35 Btl

Saint Clair 'Origin' Sauvignon Blanc,  
Marlborough NZ ..... 10 Gl / 49 Btl

Jim Barry 'JB' Riesling,  
Clare Valley SA ..... 10 Gl / 49 Btl

Langmeil High Road Chardonnay,  
Barossa Valley SA ..... 10 Gl / 49 Btl

ROSE

La Vieille Ferme, Rhone Valley  
France ..... 8.5 Gl / 42 Btl

RED

Marty's Block,  
Shiraz Cabernet SA ..... 7 Gl / 35 Btl

Opawa Pinot Noir,  
Marlborough NZ ..... 10 Gl / 49 Btl

Wirra Wirra Catapult Shiraz,  
McLaren Vale SA ..... 10 Gl / 49 Btl



# TREEO